# Kidney Week 2026 On-Demand Self-Reflection Worksheet

**Directions:** This reflection worksheet is provided as an educational tool to support self-reflection on key learning points from each session. Responses are for the learner's personal use and are not collected or graded by ASN. Learners are encouraged to complete the questions below after viewing each session.

**Session Title:** _____

**Speaker(s):** _____

**Reflection Questions**

1. **What is one key insight or potential practice change you learned from this session?**

2. **How could the information from this session improve communication, collaboration, or coordination among members of the health care team?**

3. **What is one action or change you plan to implement in your professional practice as a result of this session?**